

Sterling Health Care and Rehab Center

Report ID: CCN 396083

Generated: 2026-07-23T17:37:52.324Z

§ 1 Facility Identity

Facility	Sterling Health Care and Rehab Center
CCN	396083
Location	318 SOUTH ORANGE STREET, MEDIA, PA, 19063
Ownership type	For profit - Corporation
Certified beds	164

§ 2 CMS Federal Record

Civil money penalties on file	\$25,625
Deficiency citations — current cycle	11 (1000% vs prior 24 months (1))
Deficiency citations — prior 24 months	1
Immediate Jeopardy — current cycle	1
Actual-harm (G+) citations — current cycle	1
Special Focus Facility status	Not listed
Abuse icon	Yes — CMS abuse icon currently listed

§ 3 Federal Penalties in Context

This facility — penalties on file	\$25,625
PA state average	\$25,102 (this facility is 1.0× the PA average)
National average	\$31,239 (this facility is 0.8× the national average)

Averages are CMS-published per-facility fine amounts for the same snapshot. Figures and multiples are stated as published; no inference is drawn here.

§ 4 Current-Cycle Deficiencies

The current survey cycle records the following 11 federal deficiency citations (CMS F-tags). Scope/severity is CMS's own A–L grade; "Immediate Jeopardy" is CMS's most serious classification.

F-TAG	FINDING (CMS)	SCOPE/SEV.	SOURCE
F600	Protect each resident from all types of abuse such as physical, mental, sexual abuse, physical punishment, and neglect by anybody.	K · Immediate Jeopardy	Standard survey
F689	Ensure that a nursing home area is free from accident hazards and provides adequate supervision to prevent accidents.	G	Standard survey
F812	Procure food from sources approved or considered satisfactory and store, prepare, distribute and serve food in accordance with professional standards.	F	Standard survey
F689	Ensure that a nursing home area is free from accident hazards and provides adequate supervision to prevent accidents.	D	Complaint
F580	Immediately tell the resident, the resident's doctor, and a family member of situations (injury/decline/room, etc.) that affect the resident.	D	Complaint
F584	Honor the resident's right to a safe, clean, comfortable and homelike environment, including but not limited to receiving treatment and supports for daily living safely.	D	Standard survey
F610	Respond appropriately to all alleged violations.	D	Standard survey
F684	Provide appropriate treatment and care according to orders, resident's preferences and goals.	D	Standard survey
F692	Provide enough food/fluids to maintain a resident's health.	D	Standard survey
F835	Administer the facility in a manner that enables it to use its resources effectively and efficiently.	D	Standard survey
F880	Provide and implement an infection prevention and control program.	D	Standard survey

§ 5 Ownership & Chain Context

Ownership record	Chain: NATIONWIDE HEALTHCARE SERVICES (7 facilities); Owner on file: STERLING HEALTHCARE & REHAB CENTER LLC (organization)
Ownership chain	NATIONWIDE HEALTHCARE SERVICES (7 facilities)
Penalties vs chain average	\$25,625 vs \$45,731 (0.6× the chain average)
Current deficiencies vs chain average	11 vs 9.0 (1.2× the chain average)

§ 6 CMS Care Compare Star Ratings

Overall	2 / 5 (state avg 3 · US avg 3)
Health inspection	2 / 5 (state avg 2.8 · US avg 2.8)
Staffing	2 / 5 (state avg 3.1 · US avg 2.9)
Quality measures (QM)	2 / 5 (state avg 3.6 · US avg 3.7)

§ 7 Record Provenance

CMS data as of	Jun 2026
Independent verification	https://www.medicare.gov/care-compare/details/nursing-home/396083
Snapshot SHA-256	e4db8cc05ba14752f68296d14c6ee33ffd0da4549bedef943bfcf00fb822d5de
Methodology & version	v1.0 — https://www.caregiverhelpnow.com/methodology

§ 8 For Your Attorney

1. The full survey file (Form 2567) for each inspection cited above is available from the state survey agency or by FOIA request.
2. Quarterly staffing data: CMS Payroll-Based Journal (PBJ) public use files, CCN 396083.
3. Cite this snapshot as “CMS Care Compare, as of Jun 2026” — integrity hash e4db8cc05ba1.
4. Deficiency F-tags cited above are searchable in CMS QCOR (qcor.cms.gov).

This snapshot is a frozen record of CMS Care Compare data as of Jun 2026. Independently verifiable at the URL above. Generated by CareSentinel under Nodal Logics LLC. Compiled under CareSentinel methodology v1.0, documented at <https://www.caregiverhelpnow.com/methodology>; the Snapshot SHA-256 above pins this record to that methodology version.

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