

STERLING CARE BETHESDA

Report ID: CCN 215187
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§ 1 Facility Identity

Facility	STERLING CARE BETHESDA
CCN	215187
Location	5721 GROSVENOR LANE, BETHESDA, MD, 20814
Ownership type	For profit - Limited Liability company
Certified beds	200

§ 2 CMS Federal Record

Civil money penalties on file	\$0
Deficiency citations — current cycle	14 (up from 0 in the prior 24 months)
Deficiency citations — prior 24 months	0
Immediate Jeopardy — current cycle	0
Actual-harm (G+) citations — current cycle	0
Special Focus Facility status	Not listed
Abuse icon	No

§ 3 Federal Penalties in Context

This facility — penalties on file	\$0
MD state average	\$22,972 (this facility is 0.0× the MD average)
National average	\$31,239 (this facility is 0.0× the national average)

Averages are CMS-published per-facility fine amounts for the same snapshot. Figures and multiples are stated as published; no inference is drawn here.

§ 4 Current-Cycle Deficiencies

The current survey cycle records the following 14 federal deficiency citations (CMS F-tags). Scope/severity is CMS's own A–L grade; "Immediate Jeopardy" is CMS's most serious classification.

F-TAG	FINDING (CMS)	SCOPE/SEV.	SOURCE
F809	Ensure meals and snacks are served at times in accordance with resident's needs, preferences, and requests. Suitable and nourishing alternative meals and snacks must be provided for residents who want to eat at non-traditional times or outside of scheduled meal times.	F	Complaint
F921	Make sure that the nursing home area is safe, easy to use, clean and comfortable for residents, staff and the public.	F	Complaint
F558	Reasonably accommodate the needs and preferences of each resident.	D	Complaint
F550	Honor the resident's right to a dignified existence, self-determination, communication, and to exercise his or her rights.	D	Standard survey
F578	Honor the resident's right to request, refuse, and/or discontinue treatment, to participate in or refuse to participate in experimental research, and to formulate an advance directive.	D	Standard survey
F584	Honor the resident's right to a safe, clean, comfortable and homelike environment, including but not limited to receiving treatment and supports for daily living safely.	D	Standard survey
F658	Ensure services provided by the nursing facility meet professional standards of quality.	D	Standard survey
F693	Ensure that feeding tubes are not used unless there is a medical reason and the resident agrees; and provide appropriate care for a resident with a feeding tube.	D	Standard survey
F759	Ensure medication error rates are not 5 percent or greater.	D	Standard survey
F760	Ensure that residents are free from significant medication errors.	D	Standard survey
F761	Ensure drugs and biologicals used in the facility are labeled in accordance with currently accepted	D	Standard survey

professional principles; and all drugs and biologicals must be stored in locked compartments, separately locked, compartments for controlled drugs.

F806	Ensure each resident receives and the facility provides food that accommodates resident allergies, intolerances, and preferences, as well as appealing options.	D	Standard survey
F921	Make sure that the nursing home area is safe, easy to use, clean and comfortable for residents, staff and the public.	D	Standard survey
F600	Protect each resident from all types of abuse such as physical, mental, sexual abuse, physical punishment, and neglect by anybody.	D	Complaint

§ 5 Ownership & Chain Context

Ownership record	Chain: STERLING CARE (6 facilities); Owner on file: BBF HOLDINGS LLC (organization)
Ownership chain	STERLING CARE (6 facilities)
Penalties vs chain average	\$0 vs \$2,372 (0.0× the chain average)
Current deficiencies vs chain average	14 vs 15.2 (0.9× the chain average)

§ 6 CMS Care Compare Star Ratings

Overall	4 / 5 (state avg 3.1 · US avg 3)
Health inspection	4 / 5 (state avg 2.8 · US avg 2.8)
Staffing	2 / 5 (state avg 3.2 · US avg 2.9)
Quality measures (QM)	4 / 5 (state avg 3.9 · US avg 3.7)

§ 7 Record Provenance

CMS data as of	Jun 2026
Independent verification	https://www.medicare.gov/care-compare/details/nursing-home/215187
Snapshot SHA-256	b3d89f28c93251ef3f22ac9dae2ea17ca8798b1fd7ff4c2ab3d2e43b9a39d4ab
Methodology & version	v1.0 — https://www.caregiverhelpnow.com/methodology

§ 8 For Your Attorney

1. The full survey file (Form 2567) for each inspection cited above is available from the state survey agency or by FOIA request.
2. Quarterly staffing data: CMS Payroll-Based Journal (PBJ) public use files, CCN 215187.
3. Cite this snapshot as “CMS Care Compare, as of Jun 2026” — integrity hash b3d89f28c932.
4. Deficiency F-tags cited above are searchable in CMS QCOR (qcor.cms.gov).

This snapshot is a frozen record of CMS Care Compare data as of Jun 2026. Independently verifiable at the URL above. Generated by CareSentinel under Nodal Logics LLC. Compiled under CareSentinel methodology v1.0, documented at <https://www.caregiverhelpnow.com/methodology>; the Snapshot SHA-256 above pins this record to that methodology version.

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