

GARDNER HEIGHTS HEALTH CARE CENTER, INC

Report ID: CCN 075368
Generated: 2026-07-23T13:38:35.453Z

§ 1 Facility Identity

Facility	GARDNER HEIGHTS HEALTH CARE CENTER, INC
CCN	075368
Location	172 ROCKY REST ROAD, SHELTON, CT, 06484
Ownership type	For profit - Corporation
Certified beds	130

§ 2 CMS Federal Record

Civil money penalties on file	\$7,446
Deficiency citations — current cycle	14 (367% vs prior 24 months (3))
Deficiency citations — prior 24 months	3
Immediate Jeopardy — current cycle	0
Actual-harm (G+) citations — current cycle	0
Special Focus Facility status	Not listed
Abuse icon	Yes — CMS abuse icon currently listed

§ 3 Federal Penalties in Context

This facility — penalties on file	\$7,446
CT state average	\$18,685 (this facility is 0.4× the CT average)
National average	\$31,239 (this facility is 0.2× the national average)

Averages are CMS-published per-facility fine amounts for the same snapshot. Figures and multiples are stated as published; no inference is drawn here.

§ 4 Current-Cycle Deficiencies

The current survey cycle records the following 14 federal deficiency citations (CMS F-tags). Scope/severity is CMS's own A–L grade; "Immediate Jeopardy" is CMS's most serious classification.

F-TAG	FINDING (CMS)	SCOPE/SEV.	SOURCE
F812	Procure food from sources approved or considered satisfactory and store, prepare, distribute and serve food in accordance with professional standards.	F	Standard survey
F687	Provide appropriate foot care.	E	Complaint
F550	Honor the resident's right to a dignified existence, self-determination, communication, and to exercise his or her rights.	E	Standard survey
F609	Timely report suspected abuse, neglect, or theft and report the results of the investigation to proper authorities.	E	Standard survey
F692	Provide enough food/fluids to maintain a resident's health.	E	Standard survey
F600	Protect each resident from all types of abuse such as physical, mental, sexual abuse, physical punishment, and neglect by anybody.	D	Complaint
F684	Provide appropriate treatment and care according to orders, resident's preferences and goals.	D	Complaint
F725	Provide enough nursing staff every day to meet the needs of every resident; and have a licensed nurse in charge on each shift.	D	Complaint
F838	Conduct and document a facility-wide assessment to determine what resources are necessary to care for residents competently during both day-to-day operations (including nights and weekends) and emergencies.	D	Complaint
F677	Provide care and assistance to perform activities of daily living for any resident who is unable.	D	Standard survey
F684	Provide appropriate treatment and care according to orders, resident's preferences and goals.	D	Standard survey
F686	Provide appropriate pressure ulcer care and prevent new ulcers from developing.	D	Standard survey
F688	Provide appropriate care for a resident to maintain and/or improve range of motion (ROM), limited ROM	D	Standard survey

and/or mobility, unless a decline is for a medical reason.

F689	Ensure that a nursing home area is free from accident hazards and provides adequate supervision to prevent accidents.	D	Standard survey
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§ 5 Ownership & Chain Context

Ownership record	Chain: APPLE REHAB (20 facilities); Owner on file: FOLEY, BRIAN (individual)
Ownership chain	APPLE REHAB (20 facilities)
Penalties vs chain average	\$7,446 vs \$30,229 (0.2× the chain average)
Current deficiencies vs chain average	14 vs 13.0 (1.1× the chain average)

§ 6 CMS Care Compare Star Ratings

Overall	2 / 5 (state avg 3 · US avg 3)
Health inspection	2 / 5 (state avg 2.7 · US avg 2.8)
Staffing	2 / 5 (state avg 3.3 · US avg 2.9)
Quality measures (QM)	3 / 5 (state avg 3.7 · US avg 3.7)

§ 7 Record Provenance

CMS data as of	Jun 2026
Independent verification	https://www.medicare.gov/care-compare/details/nursing-home/075368
Snapshot SHA-256	3fce650d0427e1012df23bfc971f258c1c8ea68e1c40a9eaff2164f6d03933a8
Methodology & version	v1.0 — https://www.caregiverhelpnow.com/methodology

§ 8 For Your Attorney

1. The full survey file (Form 2567) for each inspection cited above is available from the state survey agency or by FOIA request.
2. Quarterly staffing data: CMS Payroll-Based Journal (PBJ) public use files, CCN 075368.
3. Cite this snapshot as “CMS Care Compare, as of Jun 2026” — integrity hash 3fce650d0427.
4. Deficiency F-tags cited above are searchable in CMS QCOR (qcor.cms.gov).

This snapshot is a frozen record of CMS Care Compare data as of Jun 2026. Independently verifiable at the URL above. Generated by CareSentinel under Nodal Logics LLC. Compiled under CareSentinel methodology v1.0, documented at <https://www.caregiverhelpnow.com/methodology>; the Snapshot SHA-256 above pins this record to that methodology version.

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