

# ASPIRE PHYSICAL RECOVERY CENTER AT CAHABA RIVER

Report ID: CCN 015468  
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## § 1 Facility Identity

|                |                                                 |
|----------------|-------------------------------------------------|
| Facility       | ASPIRE PHYSICAL RECOVERY CENTER AT CAHABA RIVER |
| CCN            | 015468                                          |
| Location       | 3070 HEALTHY WAY, VESTAVIA, AL, 35243           |
| Ownership type | For profit - Limited Liability company          |
| Certified beds | 120                                             |

## § 2 CMS Federal Record

|                                            |                                      |
|--------------------------------------------|--------------------------------------|
| Civil money penalties on file              | \$16,801                             |
| Deficiency citations — current cycle       | 8 (up from 0 in the prior 24 months) |
| Deficiency citations — prior 24 months     | 0                                    |
| Immediate Jeopardy — current cycle         | 1                                    |
| Actual-harm (G+) citations — current cycle | 0                                    |
| Special Focus Facility status              | Not listed                           |
| Abuse icon                                 | No                                   |

## § 3 Federal Penalties in Context

|                                   |                                                       |
|-----------------------------------|-------------------------------------------------------|
| This facility — penalties on file | \$16,801                                              |
| AL state average                  | \$14,532 (this facility is 1.2× the AL average)       |
| National average                  | \$31,239 (this facility is 0.5× the national average) |

Averages are CMS-published per-facility fine amounts for the same snapshot. Figures and multiples are stated as published; no inference is drawn here.

## § 4 Current-Cycle Deficiencies

The current survey cycle records the following 8 federal deficiency citations (CMS F-tags). Scope/severity is CMS's own A–L grade; "Immediate Jeopardy" is CMS's most serious classification.

| F-TAG | FINDING (CMS)                                                                                                                                                                            | SCOPE/SEV.             | SOURCE    |
|-------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------|-----------|
| F578  | Honor the resident's right to request, refuse, and/or discontinue treatment, to participate in or refuse to participate in experimental research, and to formulate an advance directive. | J • Immediate Jeopardy | Complaint |
| F804  | Ensure food and drink is palatable, attractive, and at a safe and appetizing temperature.                                                                                                | F                      | Complaint |
| F550  | Honor the resident's right to a dignified existence, self-determination, communication, and to exercise his or her rights.                                                               | D                      | Complaint |
| F553  | Allow resident to participate in the development and implementation of his or her person-centered plan of care.                                                                          | D                      | Complaint |
| F554  | Allow residents to self-administer drugs if determined clinically appropriate.                                                                                                           | D                      | Complaint |
| F656  | Develop and implement a complete care plan that meets all the resident's needs, with timetables and actions that can be measured.                                                        | D                      | Complaint |
| F695  | Provide safe and appropriate respiratory care for a resident when needed.                                                                                                                | D                      | Complaint |
| F755  | Provide pharmaceutical services to meet the needs of each resident and employ or obtain the services of a licensed pharmacist.                                                           | D                      | Complaint |

## § 5 Ownership & Chain Context

|                                       |                                                                                                        |
|---------------------------------------|--------------------------------------------------------------------------------------------------------|
| Ownership record                      | Chain: NHS MANAGEMENT (43 facilities); Owner on file: NORTHPORT HOLDING OPERATIONS, LLC (organization) |
| Ownership chain                       | NHS MANAGEMENT (43 facilities)                                                                         |
| Penalties vs chain average            | \$16,801 vs \$5,087 (3.3× the chain average)                                                           |
| Current deficiencies vs chain average | 8 vs 4.2 (1.9× the chain average)                                                                      |

## § 6 CMS Care Compare Star Ratings

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|                       |                                    |
|-----------------------|------------------------------------|
| Overall               | 1 / 5 (state avg 3 · US avg 3)     |
| Health inspection     | 1 / 5 (state avg 2.8 · US avg 2.8) |
| Staffing              | 4 / 5 (state avg 3.6 · US avg 2.9) |
| Quality measures (QM) | 3 / 5 (state avg 3.3 · US avg 3.7) |

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## § 7 Record Provenance

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|                          |                                                                                                                                                   |
|--------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------|
| CMS data as of           | Jun 2026                                                                                                                                          |
| Independent verification | <a href="https://www.medicare.gov/care-compare/details/nursing-home/015468">https://www.medicare.gov/care-compare/details/nursing-home/015468</a> |
| Snapshot SHA-256         | 3f3f38647a48d31f276a1aa9cd1082248d907f8fe52340dca7cd1a93c9eab147                                                                                  |
| Methodology & version    | v1.0 — <a href="https://www.caregiverhelpnow.com/methodology">https://www.caregiverhelpnow.com/methodology</a>                                    |

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## § 8 For Your Attorney

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1. The full survey file (Form 2567) for each inspection cited above is available from the state survey agency or by FOIA request.
  2. Quarterly staffing data: CMS Payroll-Based Journal (PBJ) public use files, CCN 015468.
  3. Cite this snapshot as “CMS Care Compare, as of Jun 2026” — integrity hash 3f3f38647a48.
  4. Deficiency F-tags cited above are searchable in CMS QCOR ([qcor.cms.gov](https://qcor.cms.gov)).
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This snapshot is a frozen record of CMS Care Compare data as of Jun 2026. Independently verifiable at the URL above. Generated by CareSentinel under Nodal Logics LLC. Compiled under CareSentinel methodology v1.0, documented at <https://www.caregiverhelpnow.com/methodology>; the Snapshot SHA-256 above pins this record to that methodology version.

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